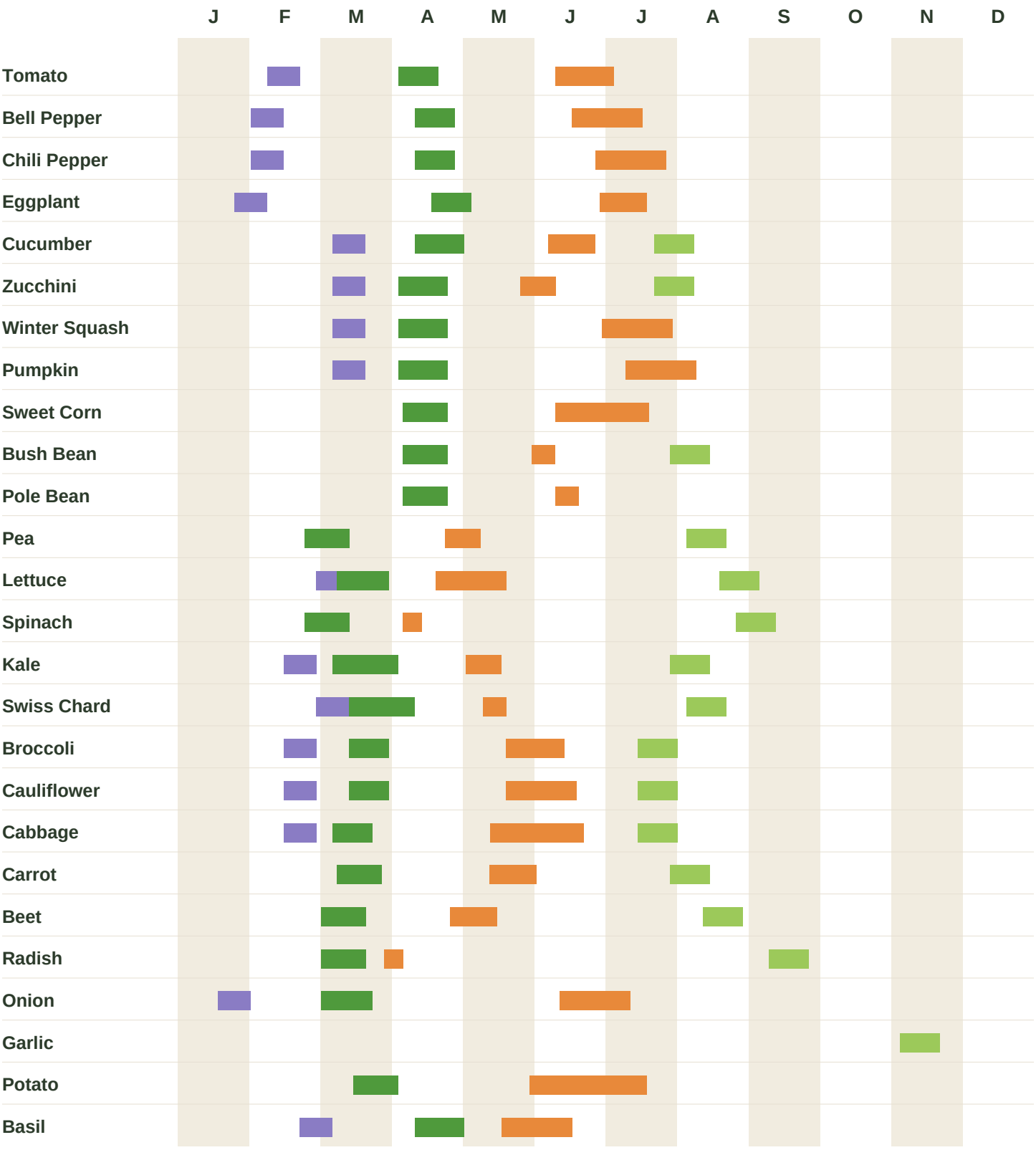
Zone 7 Vegetable Planting Calendar

USDA zone 7 · average last frost Apr 5, first frost Oct 25 · page 1 of 2: chart



Start seeds indoors · Plant out / sow · Fall / 2nd sowing · First harvest

Exact dates for your ZIP code: **myplantingcalendar.com/zones/zone-7**

Dates are averages from frost data - shift them a week or two for your own garden.

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Zone 7 Vegetable Planting Calendar

USDA zone 7 · average last frost Apr 5, first frost Oct 25 · page 2 of 2: exact dates

Crop	Start indoors	Plant out / sow	Fall / 2nd sowing	First harvest
Tomato	Feb 8 - Feb 22	Apr 5 - Apr 22	-	Jun 11 - Jul 6
Bell Pepper	Feb 1 - Feb 15	Apr 12 - Apr 29	-	Jun 18 - Jul 18
Chili Pepper	Feb 1 - Feb 15	Apr 12 - Apr 29	-	Jun 28 - Jul 28
Eggplant	Jan 25 - Feb 8	Apr 19 - May 6	-	Jun 30 - Jul 20
Cucumber	Mar 8 - Mar 22	Apr 12 - Apr 29	Jul 23 - Aug 9	Jun 8 - Jun 28
Zucchini	Mar 8 - Mar 22	Apr 5 - Apr 22	Jul 23 - Aug 9	May 27 - Jun 11
Winter Squash	Mar 8 - Mar 22	Apr 5 - Apr 22	-	Jul 1 - Jul 31
Pumpkin	Mar 8 - Mar 22	Apr 5 - Apr 22	-	Jul 11 - Aug 10
Sweet Corn	-	Apr 7 - Apr 26	-	Jun 11 - Jul 21
Bush Bean	-	Apr 7 - Apr 26	Jul 30 - Aug 16	Jun 1 - Jun 11
Pole Bean	-	Apr 7 - Apr 26	-	Jun 11 - Jun 21
Pea	-	Feb 24 - Mar 15	Aug 6 - Aug 23	Apr 25 - May 10
Lettuce	Mar 1 - Mar 15	Mar 15 - Apr 1	Aug 20 - Sep 6	Apr 21 - May 21
Spinach	-	Feb 24 - Mar 15	Aug 27 - Sep 13	Apr 7 - Apr 15
Kale	Feb 15 - Mar 1	Mar 8 - Mar 25	Jul 30 - Aug 16	May 4 - May 19
Swiss Chard	Mar 1 - Mar 15	Mar 15 - Apr 1	Aug 6 - Aug 23	May 11 - May 21
Broccoli	Feb 15 - Mar 1	Mar 15 - Apr 1	Jul 16 - Aug 2	May 21 - Jun 15
Cauliflower	Feb 15 - Mar 1	Mar 15 - Apr 1	Jul 16 - Aug 2	May 21 - Jun 20
Cabbage	Feb 15 - Mar 1	Mar 8 - Mar 25	Jul 16 - Aug 2	May 14 - Jun 23
Carrot	-	Mar 10 - Mar 29	Jul 30 - Aug 16	May 14 - Jun 3
Beet	-	Mar 3 - Mar 22	Aug 13 - Aug 30	Apr 27 - May 17
Radish	-	Mar 3 - Mar 22	Sep 10 - Sep 27	Mar 30 - Apr 7
Onion	Jan 18 - Feb 1	Mar 8 - Mar 25	-	Jun 13 - Jul 13
Garlic	-	-	Nov 5 - Nov 22	Jul - Aug (next year)
Potato	-	Mar 17 - Apr 5	-	May 31 - Jul 20
Basil	Feb 22 - Mar 8	Apr 12 - Apr 29	-	May 19 - Jun 18

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